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#### JANUARY 1940 • BULLETIN OF THE NEW YORK ACADEMY OF MEDICINE

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The value of estrogenic substances in relieving distressing menopausal symptoms is no longer a matter of theory. As early as 1929 Sevringhaus and Evans¹ reported that Amniotin was "of marked value in the relief of the vasomotor phenomena of the menopause."

Results in 1000 Cases

More recently, Hawkinson<sup>2</sup>, in a study of the menopausal syndrome in 1000 patients, stated: "The tradition that they (distressing symptoms during the climacteric) must be borne is unsound, for the administration of estrogenic preparations is rational and relieves the symptoms in a great majority of cases."

#### Early, Adequate Treatment Suggested

Schneider,<sup>3</sup> reporting 519 cases, states: "The difficulty encountered in securing and maintaining symptomatic relief in cases of long-standing menopausal disorder, in contrast to the ease with which complete relief may be obtained in the early cases, has been one of the most

striking observations and suggested the possible advantages of prophylactic therapy."

### Use Amniotin in Natural or Artificial Menopause

The milder forms of disturbance often can be controlled by the oral administration of Amniotin in capsules. Larger doses, administered intramuscularly, are suggested for resistant cases or following surgical menopause. In proper dosage Amniotin is also markedly effective in treating gonorrheal vaginitis in children

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Sevringhaus, E. L., and Evans, J. S.: Am. J. M. Sc. 178:638, Nov. 1929. \*\*Hawkinson, L. F.: J. A. M. A. 111:390, July 30, 1938. \*\*Schneider, P. F.: Am. J. Obs. & Gyn. 37:861, May 1939.

For literature address Professional Service Department, E. R. Squibb & Sons, 745 Fifth Avenue, New York



#### A concerted plan of attack on—

### PNEUMONIA

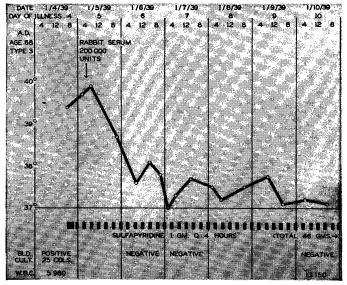
THE OUTLOOK FOR THE TREATMENT OF PNEUMONIA, this Winter, is better than ever. DR. RUSSELL L. CECIL, (discussion of "Sulfapyridine in the Treatment of Pneumonia"—PLUMMER, N. and ENSWORTH, H. K., J. A. M. A., Nov. 18, 1939, 113:1853) summarizes it very aptly:

"... We have a double-barreled gun for the treatment of pneumonia, and whether we need both barrels or only one remains to be seen. DR. BULLOWA and DR. MACLEOD expressed it very well when they said that serum fortifies the pneumonia patient; sulfapyridine injures the pneumococcus. For the present we must keep our serum handy and use in severe cases along with sulfapyridine, and we must continue to type our pneumonias in order that we may get all the better oriented with regard to this new form of therapy."

Unless either agent is specifically contraindicated, the combination of drug and serum should always be employed when:

- 1 -treatment is begun after the third day;
- 2 two or more lobes are involved;
- 3 the patient is over 40;
- 4 the patient is pregnant or in the first
  - week of the puerperium;
     blood culture is positive.

When used simultaneously with drug, smaller amounts of serum may be employed.



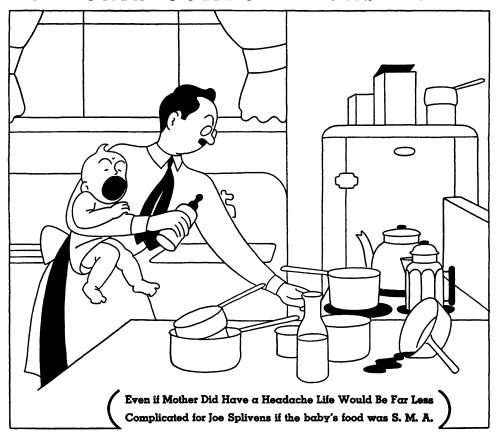
"Sulfapyridine in the Treatment of Pneumonia"—Plummer, N. and Ensworth, H. K.

Information on sulfapyridine or pneumonia serum on request.

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#### FRIDAY AFTERNOON LECTURES

HELD AT 4:30 O'CLOCK, JANUARY, 1940 THE NEW YORK ACADEMY OF MEDICINE

- Jan. 5: Primary bronchopneumonia-Yale Kneeland, Jr., Assistant Professor of Medicine, College of Physicians and Surgeons, Columbia University.
- Jan. 12: Recent advances in the clinical uses of Vitamin D and related compounds-Donovan J. McCune, Assistant Professor of Pediatrics, College of Physicians and Surgeons, Columbia University.
- Jan. 19: Treatment of chronic arthritis-M. Henry Dawson, Associate Professor of
- Medicine, College of Physicians and Surgeons, Columbia University.

  Jan. 26: Choice of treatment for pulmonary tuberculosis with special reference to newer surgical procedures—J. Burns Amberson, Jr., Professor of Medicine, College of Physicians and Surgeons, Columbia University.

# A digest of FACTS and OPINIONS

• Sheffield Farms Vitamin D Milk is milk which embodies the vitamins A and D of cod-liver oil apart from the oil itself. Each quart of Sheffield Vitamin D Milk contains 400 U.S.P. units of animal source vitamin D, the actual vitamin D found in one and onequarter teaspoonfuls of U.S.P. cod-liver oil.

The process of extracting the vitamin content of cod-liver oil from the taste and odor factors of the oil itself was developed in the laboratories of, and is controlled by, Columbia University.

## FREE BOOK!

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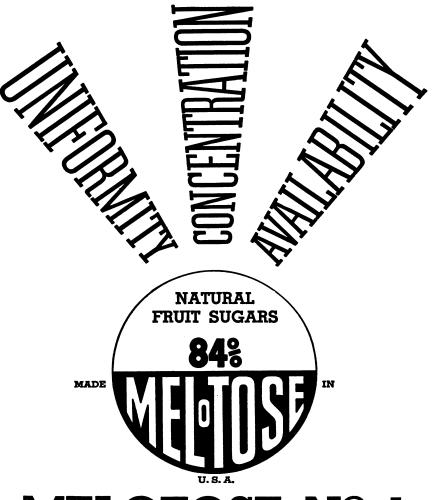


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	Mg. per Oz.			
	Iron	Calcium		
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Beets	0.67	6.8		
Carrots	0.17	13.1		
Peas	0.50	8.0		
Spinach	0.70	21.8		
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Tomatoes	0.12	3,1		
i Omatoes	0.12	3,		

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1 oz. of Pablum contains 221 mg. Ca, 8.5 mg. Fe-So absorptive is Pablum that when mixed to the consistency of ordinary hot cooked cereals it holds 7 times its weight in milk -- before being served with milk or cream. Hence an ounce serving of Pablum thus mixed with milk adds at least .53 Gm. calcium to the diet.

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Spinach 1/12 as much Fe. 1/10 as much Ca as PABLUM

1/12 as much Fe,

1/32 as much Ca

as PABLUM



String Beans

1/31 as much Fe,

1/15 as much Ca

as PABLUM

and samples available on request of physicians. Pablum consists of wheatmeal (farina), oatmeal, wheat embryo, cornmeal, beef bone, brewers yeast, alfalfa leaf, sodium chloride and reduced iron

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#### An Extensive Study

For several years studies have been made in England, with Vegex-Marmite and milk in nutritional therapy during pregnancy. The summary report given in the British Medical Journal, January 22, 1938, page 191, shows that a total of over 10,000 expectant mothers received Vegex-Marmite with milk and milk foods, and a total of over 18,000, in the same area, did not receive these food additions.

#### The Results Noted

Among the women having Vegex-Marmite and the milk and milk foods—the exact number was 10,384—the puerperal death rate from sepsis was only 0.09 per 1,000, that is, only one death. Among the group of women—the exact number was 18,854—not receiving these food supplements, the death rate was 2.91 per 1,000.

#### The Postulated Reason

The workers postulate that:

"the vitamin B complex, was a neuromuscular stimulant, and possibly when this preparation was taken in the last months of pregnancy it enabled the woman to deliver herself in certain cases when otherwise she would have had to undergo operative intervention. The vitamin B complex also had a special action on the skin and mucous membrane, and it might be that the action on the mucous membrane of the uterine passages diminished the tendency to puerperal sepsis."

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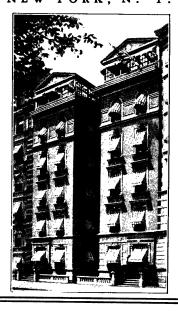
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